

Saint Faustina and Divine Mercy

A hidden life and a message of trust

Ages about 7-11 | Video 5:34 | Group lesson about 25-35 minutes

Central truth Faustina served quietly in a convent and shared the message of Divine Mercy through the image and prayer of trust.

Learning goals Recall Helena's calling and convent work; identify the image's two rays and words; and connect trusting Jesus with a merciful action.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online [Open this video on Servus Dei](#)

Before watching | 2 minutes

Ask whether a person needs to be famous to share something important. Watch how quiet work becomes part of Faustina's loving response.

Watch and notice

Notice Helena's prayer and work, the convent's kitchen and garden, the image of Jesus with two rays, and the words of trust.

Talk together | 6-8 minutes

1. What was Faustina's name before religious life?

Helena. She grew up in Poland, worked, prayed, and sought to answer Jesus' call.

2. What ordinary work did she do as a sister?

The story includes baking, gardening, and answering the door. Quiet service could be offered with love.

3. What do the image's rays and words recall?

The red and pale rays recall blood and water from Jesus' side. The words invite trust in his mercy.

4. How can we respond to mercy?

Trust Jesus, repent, ask forgiveness, and show care for others. Choose a specific kind act; mercy is more than looking at an image.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

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Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Draw Faustina serving in the kitchen, garden, or at the door. Then draw a deed of mercy you could choose. Accept an oral explanation.

Read & Write Recall the story, explain its central teaching, then apply it through a specific choice.

Adapt by readiness

Ages 7-8: draw or dictate answers; revisit the named story moment together.

Ages 9-11: explain the connection between the story detail and the planned response.

Trust and a deed of mercy | Optional 4 minutes

Make a card with two spaces: A prayer of trust and A deed of mercy. In the first write Jesus, I trust in you. In the second draw a safe act such as comforting someone, sharing supplies, or apologizing. Add a story detail about Faustina's ordinary work and explain the connection.

Look for understanding Look for the named story details in the answers and a practical response connected to god's mercy and ordinary faithful service.

Closing prayer Jesus, I trust in you. Help us receive your mercy and offer it through caring actions. Saint Faustina, pray for us. Amen.

At home Show your card to an adult, pray together, and carry out your deed of mercy.

Handout answer notes Kitchen, garden, or door service. The rays recall blood and water from Jesus' side. Merciful plans should include practical care or an honest apology.

Teach with care

Preview the vision, illness, and brief account of Faustina's death. Explain that prayer and medical care can belong together. The vision belongs to Faustina's recorded private revelations, received within Church discernment; it is not a new Gospel. The image points to Jesus rather than acting as a magical object. The vision was in 1931; the video's broad opening phrase is not a precise date.

Words to explain Mercy: God's love reaching us in need and forgiving sin. Convent: a religious sisters' community. Chaplet: a form of prayer using beads.

Sources for the leader

Story source: [Servus Dei video and English transcript](#)

Background: [Vatican biography: Mary Faustina Kowalska](#)

Background: [John Paul II: Faustina's canonization and Divine Mercy](#)

Mercy in ordinary work

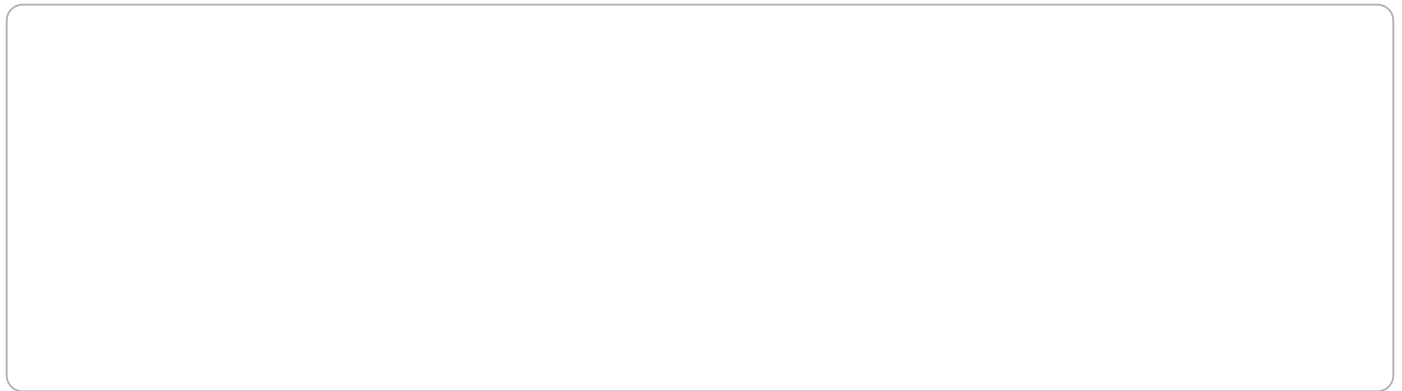
Saint Faustina and Divine Mercy

Faustina served quietly in a convent and shared the message of Divine Mercy through the image and prayer of trust.

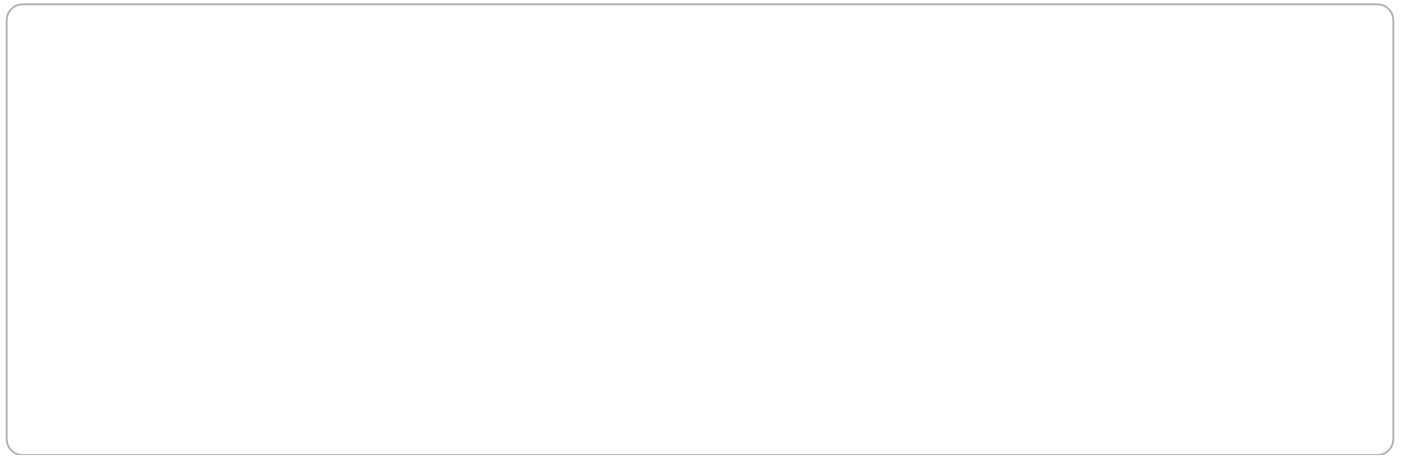
Name _____

Adult helper Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

1 Draw Faustina serving in the kitchen, garden, or at the door.



2 Draw a deed of mercy you could choose.



Tell How could quiet work show love? What will your deed of mercy offer?

Pray Jesus, I trust in you. Help us receive your mercy and offer it through caring actions. Saint Faustina, pray for us. Amen.

At home Share your picture and one thing you learned about God or following Jesus.

Trust that becomes care

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A hidden life and a message of trust. Remember, explain, and respond.

Name _____

1 Remember

Name one ordinary task Faustina did.

Faustina served by ...

2 Explain

What do the two rays recall?

The rays recall ...

3 Respond

Plan a deed of mercy for this week.

With Jesus' help, I can ...

Pray Jesus, I trust in you. Help us receive your mercy and offer it through caring actions. Saint Faustina, pray for us. Amen.

Go deeper How can a prayer of trust change the way we treat someone who needs mercy?