A Little Time with Jesus

Read slowly. Think. Respond.

Name: _____ Date: _____

In Adoration we worship Jesus, truly present in the Eucharist. We can thank him, ask for help, say we are sorry, and rest quietly in his love. If we get distracted, we can turn back gently. We can pray well even when we do not feel anything special.

1. One simple prayer I can say to Jesus is:

2. If my mind wanders, I can:

3. Someone I can pray for and one way I can care for them:

My prayer: Jesus, I am here. Thank you for loving me. Please help the people I am thinking of, and teach me to bring your love to them. Amen.