

Lent Week 3: The Woman at the Well

Jesus offers the living water our hearts need

Ages about 7-11 | Video 2:10 | Group lesson about 25-35 minutes

Central truth Jesus speaks with a Samaritan woman, offers living water, and she goes to tell others about him.

Learning goals Recall the encounter at the well; distinguish ordinary water from Jesus' gift of life; and practice a welcoming response to someone overlooked.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online [Open this video on Servus Dei](#)

Before watching | 2 minutes

Ask what water does for a thirsty body. Watch how Jesus speaks about a deeper thirst and offers a gift.

Watch and notice

Notice Jesus requesting a drink, speaking truth without turning away, offering living water, and the woman leaving her jar to share the news.

Talk together | 6-8 minutes

1. What did Jesus ask the woman for?

A drink of water. Their conversation crossed a social boundary between Jews and Samaritans.

2. What was different about the water Jesus offered?

Living water is his image for the lasting life God gives. It is not an ordinary drink from the well.

3. How did the woman respond?

She left her water jar and told people about Jesus, inviting them to discover him.

4. How can we welcome someone others overlook?

Listen respectfully, include them in an appropriate activity, and get adult help if someone is excluded or unsafe. Do not assume another person's private history.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

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Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Draw Jesus speaking with the woman at the well. Then draw a respectful welcome you can offer someone. Accept an oral explanation.

Read & Write Recall the story, explain its central teaching, then apply it through a specific choice.

Adapt by readiness

Ages 7-8: draw or dictate answers; revisit the named story moment together.

Ages 9-11: explain the connection between the story detail and the planned response.

A well of welcome | Optional 4 minutes

Draw a well with two buckets. Label one Water for the body and the other God's life for the heart. Add an example to each. Around the well write three respectful ways to welcome someone. Choose one action and discuss how it reflects Jesus' attention to the woman.

Look for understanding Look for the named story details in the answers and a practical response connected to encounter, truth, and living water.

Closing prayer Jesus, give us the living water of your love. Help us listen truthfully and welcome others with care. Amen.

At home Read a short selection of John 4 with an adult and discuss how the woman shared what she discovered.

Handout answer notes At a well in Samaria. Living water points toward God's lasting life, not ordinary drinking water. Accept respectful inclusion and listening.

Teach with care

Provide paper and pencils. Preview the video and invite children to ask questions or pass. John 4 is the foundation; the reflection adds interpretations about loneliness and private feelings that the text does not directly report. Avoid labels about the woman's character or demands for children's personal disclosures.

Words to explain Samaritan: a person from Samaria. Living water: Jesus' image for God's life given to us. Witness: sharing what we have learned of Jesus.

Sources for the leader

Story source: [Servus Dei video and English transcript](#)

Background: [John 4:1-42: Jesus and the Samaritan woman](#)

A meeting that changes a heart

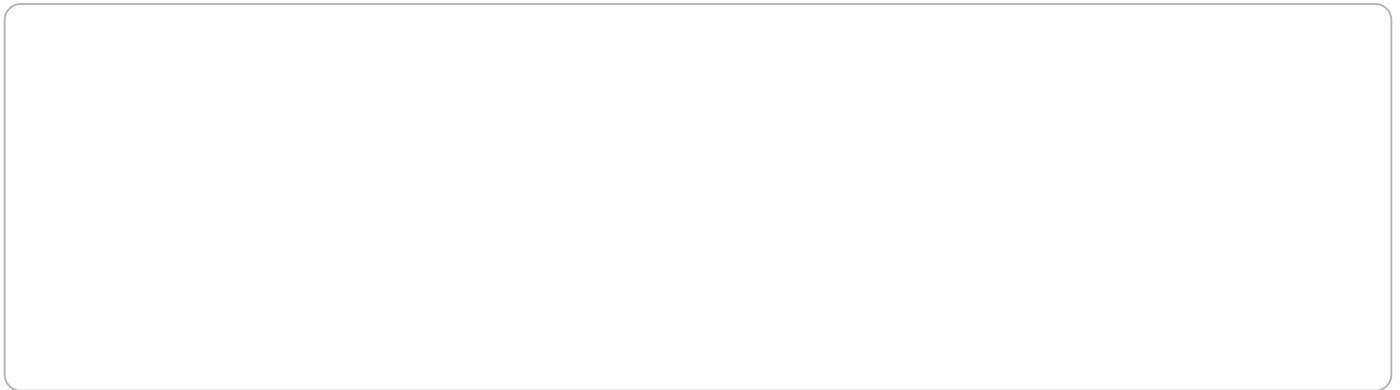
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Jesus speaks with a Samaritan woman, offers living water, and she goes to tell others about him.

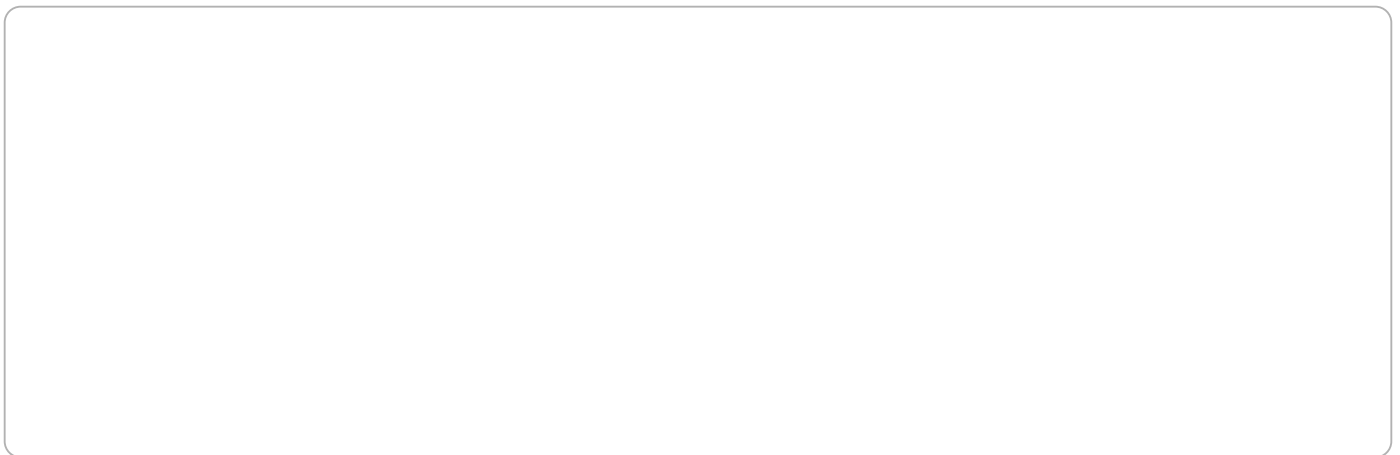
Name _____

Adult helper Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

1 Draw Jesus speaking with the woman at the well.



2 Draw a respectful welcome you can offer someone.



Tell What gift did Jesus offer? How does your action make room for another person?

Pray Jesus, give us the living water of your love. Help us listen truthfully and welcome others with care. Amen.

At home Share your picture and one thing you learned about God or following Jesus.

The gift of living water

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Jesus offers the living water our hearts need. Remember, explain, and respond.

Name _____

1 Remember

Where did Jesus meet the woman?

Jesus met her ...

2 Explain

What does living water point toward?

Living water means ...

3 Respond

How can you welcome someone respectfully?

I can ...

Pray Jesus, give us the living water of your love. Help us listen truthfully and welcome others with care. Amen.

Go deeper Why can respectful truth help someone more than ignoring or labeling them?