

The Last Supper

Jesus serves and gives himself

Ages about 7-11 | Video 3:54 | Group lesson about 25-35 minutes

Central truth Jesus washes his disciples' feet and gives them his Body and Blood at the Last Supper.

Learning goals Recall the foot washing and gift of the Eucharist; distinguish Christ's real presence from an ordinary symbol; and plan humble service.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online [Open this video on Servus Dei](#)

Before watching | 2 minutes

Ask what a good leader can do to help another person. Watch why Jesus kneels before his friends and what he gives at the table.

Watch and notice

Notice the bowl and foot washing, Peter's surprise, the bread and cup, and Jesus inviting his friends to stay near him in prayer.

Talk together | 6-8 minutes

1. What surprising act of service did Jesus do?

He washed his disciples' feet. The teacher used his power to serve rather than demand attention.

2. What did Jesus give at the table?

His Body and Blood under the appearances of bread and wine. The Eucharist is Christ's real gift of himself.

3. How do service and the Eucharist belong together?

Jesus' self-giving love shapes both. Receiving his gift calls us to care for others rather than seek importance.

4. What humble service can you offer?

Choose an ordinary helpful task with permission, such as setting out supplies or tidying a shared place, without demanding praise.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

The Last Supper

Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Draw Jesus washing a disciple's feet. Then draw a humble act of service you can offer. Accept an oral explanation.

Read & Write Recall the story, explain its central teaching, then apply it through a specific choice.

Adapt by readiness

Ages 7-8: draw or dictate answers; revisit the named story moment together.

Ages 9-11: explain the connection between the story detail and the planned response.

A towel of service | Optional 4 minutes

Draw a towel on paper. Across it write a safe service task you can offer. Beside it draw a chalice and bread as classroom symbols of the Eucharist. Explain that the drawing is a reminder, not consecration. Share how Jesus' gift calls us to practical love.

Look for understanding Look for the named story details in the answers and a practical response connected to holy thursday, service, and the eucharist.

Closing prayer Jesus, thank you for serving us and giving yourself in the Eucharist. Teach us to love through humble care. Amen.

At home Ask an adult about Holy Thursday Mass and choose a family task you can help with.

Handout answer notes Jesus washed the disciples' feet. In the Eucharist he gives his Body and Blood; Christ is truly present. Tasks should be specific and safe.

Teach with care

Provide paper and pencils. Preview the video and invite children to ask questions or pass. The video brings together John 13's foot washing and the institution of the Eucharist from the other Gospel accounts. John 6 language is theological context, not a verbatim Last Supper quotation. Do not simulate consecration or sacramental reception in class.

Words to explain Holy Thursday: the day recalling the Last Supper. Eucharist: Jesus truly present, Body, Blood, Soul, and Divinity. Service: using our gifts to care for others.

Sources for the leader

Story source: [Servus Dei video and English transcript](#)

Background: [John 13:1-17: washing the disciples' feet](#)

Background: [Luke 22:14-20: the Last Supper](#)

Jesus kneels and gives

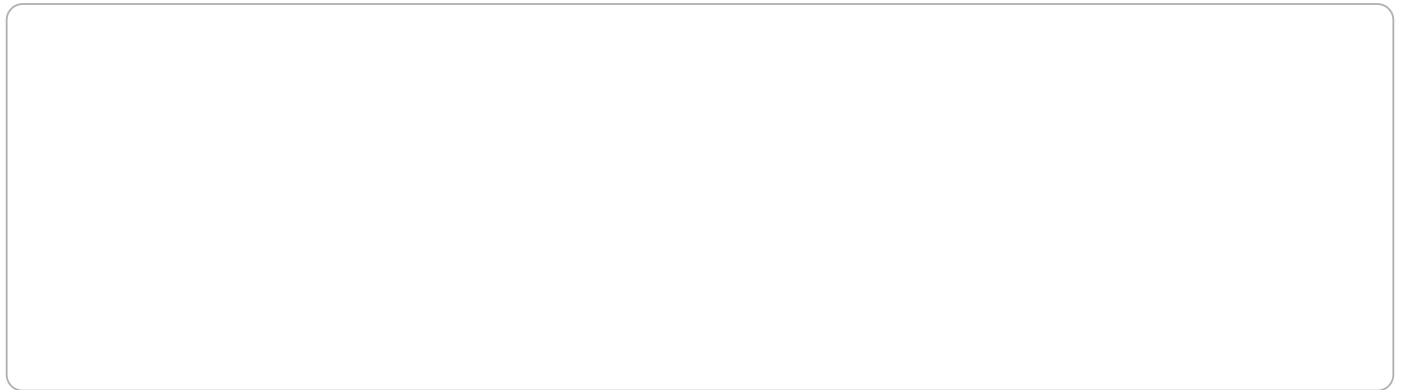
The Last Supper

Jesus washes his disciples' feet and gives them his Body and Blood at the Last Supper.

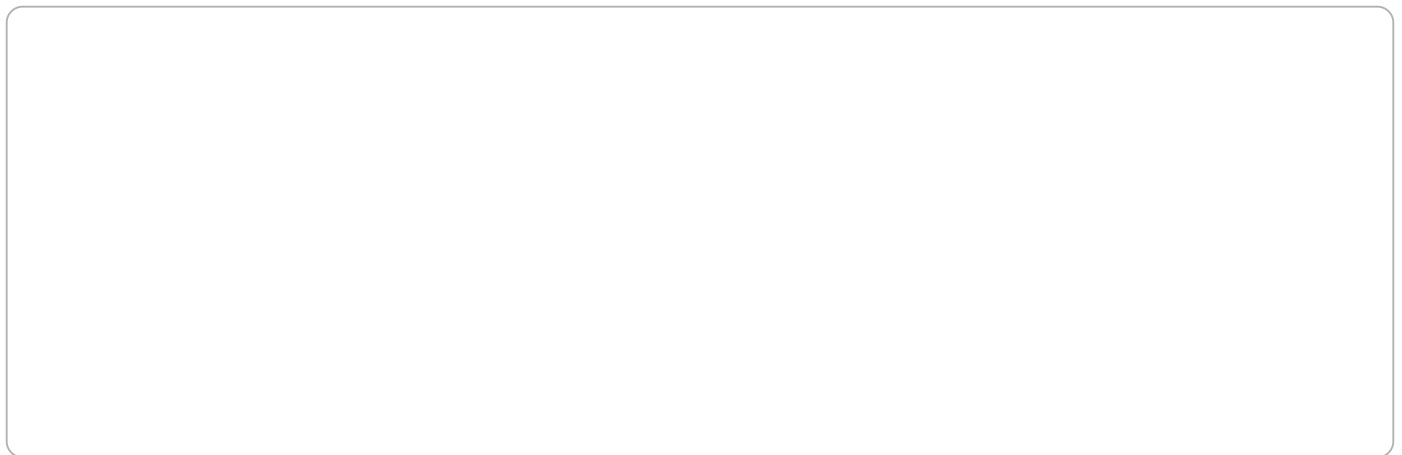
Name _____

Adult helper Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

1 Draw Jesus washing a disciple's feet.



2 Draw a humble act of service you can offer.



Tell What does Jesus' kneeling teach? How does your act reflect his love?

Pray Jesus, thank you for serving us and giving yourself in the Eucharist. Teach us to love through humble care. Amen.

At home Share your picture and one thing you learned about God or following Jesus.

Real power serves

The Last Supper

Jesus serves and gives himself. Remember, explain, and respond.

Name _____

1 Remember

What did Jesus wash at the supper?

Jesus washed ...

2 Explain

What is Jesus' gift in the Eucharist?

Jesus gives ...

3 Respond

Choose a humble service task.

I can serve by ...

Pray Jesus, thank you for serving us and giving yourself in the Eucharist. Teach us to love through humble care. Amen.

Go deeper How might receiving Jesus' gift change our idea of what a leader should do?