

Mary, Mother of God

The child she holds is truly God and truly human

Ages about 7-11 | Video 2:35 | Group lesson about 25-35 minutes

Central truth Mary is Mother of God because her son Jesus is the eternal Son made truly human.

Learning goals Explain what the title Mother of God says about Jesus; distinguish motherhood from creating God; and reflect on Mary's trusting care.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online [Open this video on Servus Dei](#)

Before watching | 2 minutes

Ask what a baby needs from people who care for him. Watch how Jesus' real human needs appear beside his divine identity.

Watch and notice

Notice Mary holding the newborn, Joseph's care, and the explanation of why the Church calls Mary Mother of God.

Talk together | 6-8 minutes

1. What human needs does the infant Jesus have?

He needs warmth, nourishment, rest, and loving care. The Son of God truly became human.

2. Why do we call Mary Mother of God?

She is mother of Jesus, one divine Person who is truly God and truly human. The title protects the truth about her son.

3. Does this mean Mary created God or is greater than God?

No. God is eternal. Mary gave birth to the Son in his human life; she did not create his divinity.

4. What can Mary's trusting care teach us?

We can trust God while caring patiently for others, even when we do not understand everything.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

Mary, Mother of God

Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Draw Mary holding the infant Jesus. Then draw a patient way you can care for someone. Accept an oral explanation.

Read & Write Recall the story, explain its central teaching, then apply it through a specific choice.

Adapt by readiness

Ages 7-8: draw or dictate answers; revisit the named story moment together.

Ages 9-11: explain the connection between the story detail and the planned response.

A title that points to Jesus | Optional 4 minutes

Draw Mary holding Jesus. Beside Jesus write truly God and truly human. Under the picture finish: Mary is Mother of God because _____. Add a small picture of one patient way you can care for another person; discuss how love can be both tender and faithful.

Look for understanding Look for the named story details in the answers and a practical response connected to mary's motherhood and jesus' identity.

Closing prayer Jesus, thank you for coming to us through Mary's yes. Mary, Mother of God, pray for us and help us care with love. Amen.

At home Pray the Hail Mary with an adult and talk about why it calls Mary Mother of God.

Handout answer notes Mary tenderly cares for Jesus. Jesus is truly God and truly human; Mary is his mother, not the creator of God. Acts of care should be concrete.

Teach with care

Provide paper and pencils. Preview the video and invite children to ask questions or pass. The quiet household actions are imaginative scene-setting around Luke 2. Mary's title does not mean she began or outranks the eternal God. The solemnity is celebrated on January 1.

Words to explain Mother of God: Mary, mother of Jesus who is God the Son. Emmanuel: God with us. Eternal: without a beginning or end.

Sources for the leader

Story source: [Servus Dei video and English transcript](#)

Background: [Catechism 495: Mary's divine motherhood](#)

Background: [Luke 2: Mary treasures these things](#)

The mother who held God

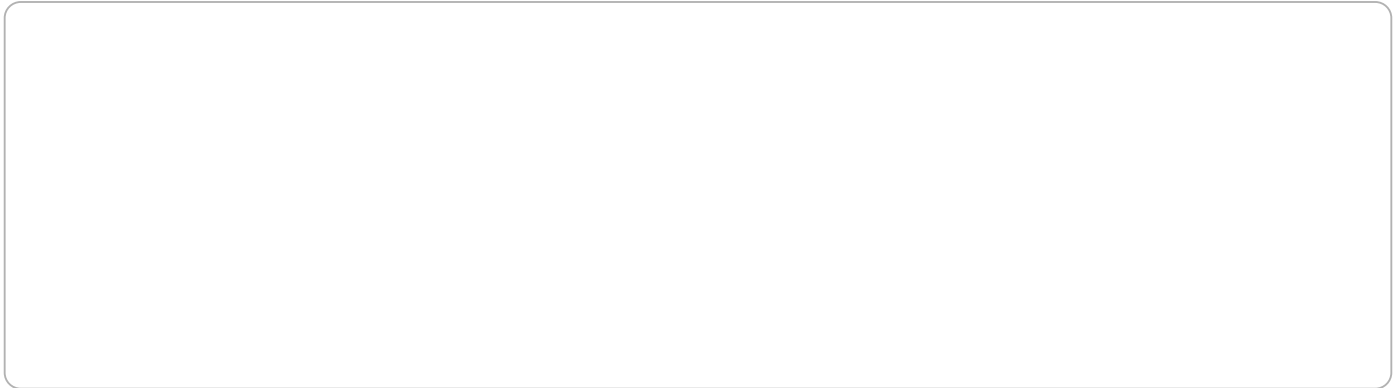
Mary, Mother of God

Mary is Mother of God because her son Jesus is the eternal Son made truly human.

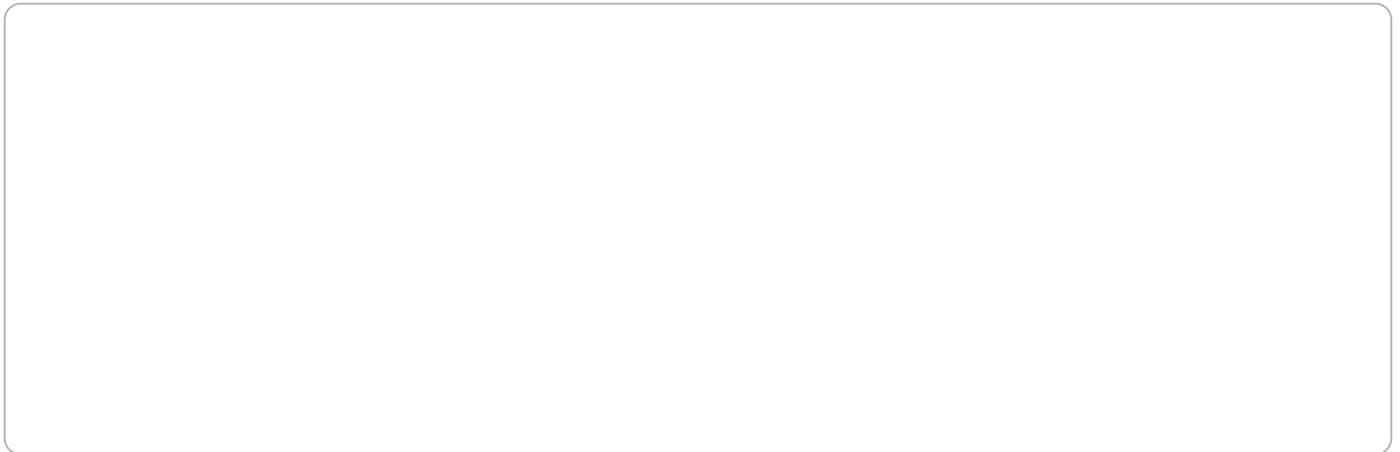
Name _____

Adult helper Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

1 Draw Mary holding the infant Jesus.



2 Draw a patient way you can care for someone.



Tell Who is Mary's son? How does your second picture show care?

Pray Jesus, thank you for coming to us through Mary's yes. Mary, Mother of God, pray for us and help us care with love. Amen.

At home Share your picture and one thing you learned about God or following Jesus.

What Mary's title means

Mary, Mother of God

The child she holds is truly God and truly human. Remember, explain, and respond.

Name _____

1 Remember

What does Mary do for Jesus in the story?

Mary cares for him by ...

2 Explain

Why is Mary called Mother of God?

Her son Jesus is ...

3 Respond

What patient act of care could you choose?

I can care for ...

Pray Jesus, thank you for coming to us through Mary's yes. Mary, Mother of God, pray for us and help us care with love. Amen.

Go deeper How does calling Mary Mother of God help us understand Jesus?