

Jesus Is Alive: Resurrection to Ascension

Peace, recognition, and mission

Ages about 7-11 | Video 8:59 | Group lesson about 25-35 minutes

Central truth The risen Jesus brings peace, helps his friends believe, and sends them to share his good news.

Learning goals Recall two Resurrection encounters; explain Jesus' mission to his disciples; choose a peaceful way to witness to his love.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online [Open this video on Servus Dei](#)

Before watching | 2 minutes

Ask: How might you recognize a friend's voice? Introduce Mary Magdalene's encounter with Jesus and listen for changes from sorrow to joy.

Watch and notice

Notice Mary hearing her name, the meal at Emmaus, Jesus' peace to his disciples, Peter's renewed mission, and the Ascension. The video combines several biblical accounts.

Talk together | 6-8 minutes

1. How did Mary Magdalene recognize Jesus?

He called her by name. She went to tell the disciples she had seen the Lord.

2. What helped the travelers to Emmaus recognize him?

Jesus explained Scripture and they recognized him in the breaking of bread. Their sorrow became joyful witness.

3. What did Jesus give his friends besides proof he was alive?

He offered peace, strengthened their faith, and entrusted them with a mission to share the Gospel.

4. How can you witness to Jesus' love?

Show kindness, speak truthfully, pray, and share faith respectfully. Witnessing is an invitation, not pressure.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

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Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Draw Mary's recognition and a present-day caring response; accept oral retelling.

Read & Write Recall a Resurrection encounter and connect mission with a respectful act.

Adapt by readiness

Ages 7-8: choose one encounter and draw the change from sorrow to joy.

Ages 9-11: compare John 20 with the retelling and connect Acts 1 with the disciples' mission.

An Easter good-news path | Optional 4 minutes

Draw a path with three stops: Mary at the tomb, a meal at Emmaus, and the disciples sent on mission. Add a peaceful action you can choose at the final stop.

Look for understanding Look for a specific Resurrection encounter and the idea of being sent to share good news. The risen Jesus is not a ghost.

Closing prayer Risen Jesus, fill us with your peace. Help us recognize your love and share your good news with gentleness. Send your Holy Spirit to guide us. Amen.

At home Read John 20:11-18 with an adult. Share one way to bring Easter joy to someone through a caring action.

Handout answer notes Encounters: name, breaking bread, or Jesus' appearance and peace. Mission: share Gospel and make disciples. Responses should respect others.

Teach with care

The opening refers to Jesus' crucifixion and the disciples' sorrow. Allow questions and remind children that Easter brings the news of his real Resurrection. The retelling harmonizes several accounts and adds connecting details. John 20 describes Jesus inviting Thomas to touch his wounds but does not state that he did so. The Ascension does not mean Jesus stops caring for us; he promises the Holy Spirit and his abiding presence.

Words to explain Ascension: Jesus' return to the Father in glory. Witness: someone who tells what they know or shows faith through life. Gospel: the good news of Jesus.

Sources for the leader

Story source: [Servus Dei video and English transcript](#)

Scripture: [John 20: Resurrection encounters](#)

Scripture: [Acts 1: Ascension and mission](#)

Joy becomes a mission

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Jesus' friends discover he is alive and share good news.

Name _____

Adult helper Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

1 Draw Mary recognizing Jesus when he calls her name.



2 Draw a caring action that could share Easter joy with someone.



Tell What changed for Mary? How can joy become kindness?

Pray Risen Jesus, bring your peace to my heart and my choices. Amen.

At home Share your picture and one thing you learned about God or following Jesus.

Recognize, rejoice, share

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Remember the risen Jesus and the mission he gives his friends.

Name _____

1 Recall an encounter

Choose Mary, Emmaus, or the disciples and describe how they met Jesus.

They recognized Jesus when ...

2 Explain mission

What did Jesus ask his disciples to share?

Jesus sent them to ...

3 Respond peacefully

Name one kind way you can share the love of Jesus.

I can bring peace by ...

Pray Risen Jesus, bring your peace to my heart and my choices. Amen.

Go deeper How can Jesus' peace help someone who still has questions?