

Saint George and the Dragon

Faithful courage when fear feels big

Ages about 7-11 | Video 4:13 | Group lesson about 25-35 minutes

Central truth George faces fear in a traditional dragon legend, then remains faithful to Jesus as a martyr.

Learning goals Children will distinguish legend from history, recall George praying and giving God credit, and name a safe courageous choice.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online [Open this video on Servus Dei](#)

Before watching | 2 minutes

Ask: Can someone be brave and still feel afraid? Explain that the dragon adventure is a legend, while George is honored as a Christian martyr.

Watch and notice

Notice the frightened town, George listening to the princess, his prayer, and his refusal to deny Jesus. Keep the legend and martyr story distinct.

Talk together | 6-8 minutes

1. Why was the town afraid?

In the legend, a dragon threatened the people. This is a traditional adventure, not evidence that dragons existed.

2. What did George do before facing the dragon?

He listened, made the sign of the cross, and prayed. His courage was connected with trust in God.

3. Who received the credit for the victory?

George gave glory to God rather than making himself the center.

4. What could faithful courage look like at school?

Tell the truth, include someone, or ask a trusted adult for help when a person is unsafe. Do not seek danger.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

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Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Draw George praying in the legend, then a safe brave choice you can make.

Read & Write Identify the legend, recall George giving God credit, and plan courage without seeking danger.

Adapt by readiness

Ages 7-8: use two picture cards: dragon legend and faithful martyr. Accept spoken answers.

Ages 9-11: discuss how a symbolic adventure can teach a lesson without being a historical report.

A shield of good choices | Optional 4 minutes

Draw a paper shield divided into three spaces. Add a prayer, a truthful sentence, and a safe way to help someone. Share one choice with an adult; use no weapons or pretend fighting.

Look for understanding Children identify the dragon as legend and suggest courage joined to kindness and adult help.

Closing prayer Jesus, help us trust you when we are afraid, tell the truth, and help others safely. Saint George, pray for us. Amen.

At home Tell an adult which part is a legend. Practice one truthful or welcoming choice together.

Handout answer notes Dragon: traditional legend. Credit: God. Plans: truthful or kind action, with adult help where needed.

Teach with care

Preview the frightening dragon and brief martyrdom reference. No battle reenactment is needed. Let children pass on worries or questions. The dragon episode is a traditional legend, not documented history. George is honored as a martyr, but many details of his life are uncertain. The story mentions persecution and death. Trusting God does not guarantee freedom from danger.

Words to explain Legend: a traditional story carrying a lesson. Martyr: a person killed for being faithful to Christ. Courage: doing what is right even when afraid.

Sources for the leader

Story source: [Servus Dei video and English subtitle](#)

Saint and legend: [Saint George, martyr - Vatican News](#)

Courage with kindness

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George prayed and gave God glory. We can make brave, kind choices.

Name _____

Adult helper Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

1 Draw George praying before facing the dragon in the legend.



2 Draw a safe, brave choice you can make with adult help.



Tell Which picture belongs to the legend? How can your brave choice help?

Pray Jesus, help me be brave, truthful, and kind. Amen.

At home Share your picture and one thing you learned about God or following Jesus.

Faith stronger than fear

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Recall the story and think about safe courage.

Name _____

1 Know the story

Is the dragon adventure a legend or a historical report?

The dragon adventure is ...

2 Remember humility

To whom did George give credit?

George gave credit to ...

3 Choose courage

Name a safe brave choice and an adult who can help.

I can ...

Pray Jesus, help me be brave, truthful, and kind. Amen.

Go deeper Why can asking for help be a brave choice?