Saint Scholastica

A loving prayer and one more night together

Ages about 7-11 | Video 2:39 | Group lesson about 25-35 minutes

Central truth Scholastica prayed when Benedict planned to leave; the traditional account describes a storm that kept them together in holy conversation.

Learning goals Retell the siblings' meeting; explain prayer as trusting God rather than controlling him; and plan a loving time of conversation.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online Open this video on Servus Dei

Before watching | 2 minutes

Ask what you might do when a good visit is ending. Watch how Scholastica brings her wish to God.

Watch and notice

Notice the yearly meeting, Scholastica's prayer, the storm, the night of conversation, and Benedict's vision after her death.

Talk together | 6-8 minutes

1. Why did Scholastica enjoy meeting Benedict?
They could talk about God and encourage each other in faith. Their shared love made the time precious.

2. What did she do when he wished to leave?
She prayed. In Gregory's traditional account a storm prevented him from leaving, and they continued talking.

3. Does prayer let us control weather or other people?
No. We can bring wishes to God and trust his wisdom. A sincere prayer may receive a different answer than we expect.

4. How can you make time for loving conversation?
Listen to a family member, thank a friend, or ask an adult to pray with you. Choose a respectful time and honor others' needs.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

Saint Scholastica

Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Draw Scholastica praying during her visit with Benedict. Then draw yourself listening or praying with someone you care about. Accept an oral explanation.

Read & Write Recall the story, explain its central teaching, then apply it through a specific choice.

Adapt by readiness

Ages 7-8: draw or dictate answers; revisit the named story moment together.

Ages 9-11: explain the connection between the story detail and the planned response.

A conversation to treasure | Optional 4 minutes

Make a small conversation card: One thing I thank God for, One question I want to ask, and One person I want to pray for. Use it with a partner or adult to practice listening without rushing. Connect your card with the siblings' night of speaking about God.

Look for understanding Look for the named story details in the answers and a practical response connected to prayer, trust, and love of god.

Closing prayer God, teach us to pray with love and trust your wisdom. Saint Scholastica, pray for us. Amen.

At home Use your conversation card with an adult and end with a short prayer together.

Handout answer notes They spoke about God. Scholastica prayed and a storm is described in the traditional account. Prayer means trusting God, not controlling results. Personal plans should respect others.

Teach with care

Preview the storm and brief account of Scholastica's death. Reassure children that ordinary storms are not proof of someone's prayer or God's anger. The story comes from Gregory the Great's Dialogues, Book II, chapters 33-34, a traditional saint account. It does not promise that sufficient love produces the requested miracle. Storms and bereavement may need gentle discussion.

Words to explain Monastery: a community where monks or nuns live a life of prayer. Trust: bringing our needs to God with faith. Intercession: praying for another person.

Sources for the leader

Story source: Servus Dei video and English transcript

Background: Gregory the Great: Dialogues II, chapters 33-34