

God With Us

The eternal Son becomes truly human

Ages about 7-11 | Video 2:04 | Group lesson about 25-35 minutes

Central truth The eternal Son of God became truly human in Jesus, born of Mary and welcomed by shepherds.

Learning goals Name Jesus as truly God and truly human; recall Mary and the shepherds at Bethlehem; and connect Christmas with care for others.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online [Open this video on Servus Dei](#)

Before watching | 2 minutes

Ask what it means to be close to someone who needs comfort. Watch how Jesus comes near in the Christmas story.

Watch and notice

Notice Mary cradling Jesus, the shepherds' arrival, and the movement from the manger to God's presence in our daily lives.

Talk together | 6-8 minutes

1. Who was the child Mary held?

Jesus, the eternal Son of God who became truly human. He needed a mother's care as a real child.

2. Who came to the manger in wonder?

The shepherds. The reflection stresses that God welcomed humble people, not only the powerful.

3. What does Emmanuel mean?

God with us. Christmas reveals God's love coming close to human life in Jesus.

4. How can Christmas love continue after the feast?

Care for someone who is lonely or needs help. Choose a specific action rather than leaving Christmas kindness at the manger.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

God With Us

Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Draw Mary holding Jesus, truly God and truly human. Then draw one way you can bring Christmas kindness into daily life. Accept an oral explanation.

Read & Write Recall the story, explain its central teaching, then apply it through a specific choice.

Adapt by readiness

Ages 7-8: draw or dictate answers; revisit the named story moment together.

Ages 9-11: explain the connection between the story detail and the planned response.

From the manger to our home | Optional 4 minutes

Draw a path from a manger to a home or classroom. Along it add three stepping stones labeled prayer, welcome, and help. On the last stone write one small action that carries Christmas love into an ordinary day. Explain why it connects to Jesus' coming near.

Look for understanding Look for the named story details in the answers and a practical response connected to Christmas and the incarnation.

Closing prayer Jesus, God with us, thank you for becoming one of us. Help us welcome your love and care for others. Amen.

At home Show your path to an adult and choose a Christmas act of care you can continue together.

Handout answer notes Mary and the shepherds welcome Jesus. Emmanuel means God with us. Jesus remains truly divine while becoming truly human. Kind actions vary.

Teach with care

Provide paper and pencils. Preview the video and invite children to ask questions or pass. This is a poetic reflection on John 1 and Luke 2. The Son did not begin to exist at Christmas or stop being God. God's presence does not remove every hardship.

Words to explain Incarnation: the Son of God becoming human. Word: a name for the eternal Son. Emmanuel: God with us.

Sources for the leader

Story source: [Servus Dei video and English transcript](#)

Background: [John 1:1-18: the Word became flesh](#)

Background: [Luke 2:1-20: Bethlehem and the shepherds](#)

Close to us in love

God With Us

The eternal Son of God became truly human in Jesus, born of Mary and welcomed by shepherds.

Name _____

Adult helper Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

1 Draw Mary holding Jesus, truly God and truly human.

2 Draw one way you can bring Christmas kindness into daily life.

Tell What does the manger tell us about Jesus? How will your second picture share his love?

Pray Jesus, God with us, thank you for becoming one of us. Help us welcome your love and care for others. Amen.

At home Share your picture and one thing you learned about God or following Jesus.

The Word became flesh

God With Us

The eternal Son becomes truly human. Remember, explain, and respond.

Name _____

1 Remember

Who welcomed Jesus in the reflection?

Mary and ...

2 Explain

What does Emmanuel mean?

Emmanuel means ...

3 Respond

How can you carry Christmas kindness into this week?

I can ...

Pray Jesus, God with us, thank you for becoming one of us. Help us welcome your love and care for others. Amen.

Go deeper Why does Jesus' real human life matter when we bring him our worries?