

Jacob and Esau

The Stolen Blessing

Ages about 7-11 | Video 8:31 | Group lesson about 25-35 minutes

Central truth God is faithful. We are called to tell the truth, value his gifts, and treat each person with love.

Learning goals Distinguish birthright from blessing; explain how favoritism and deception hurt this family; choose an honest response and a way to begin repairing harm.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online [Open this video on Servus Dei](#)

Before watching | 2 minutes

Ask: Is something always right just because we want it? Introduce twins Jacob and Esau, sons of Isaac and Rebekah. Explain the two words below before watching.

Watch and notice

Notice Esau's trade, Jacob's disguise, his father's questions, and the family's sorrow. Notice that getting what we want can still bring harm.

Talk together | 6-8 minutes

1. What did Esau trade for food?

His birthright as the firstborn. He treated a lasting gift carelessly because he wanted food at once.

2. How did Jacob deceive Isaac?

With Rebekah's help, he wore Esau's clothes and goatskins and claimed to be Esau. A disguise did not make the lie right.

3. What happened after Jacob received the blessing?

Esau was hurt and angry. Jacob had to leave home. The family lost trust and was separated.

4. What could someone do instead of lying or taking revenge?

Pause, pray, tell the truth, and ask a trusted adult for help. A person who caused harm can apologize and begin making things right.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

Jacob and Esau

Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Draw a choice from the story and then a truthful, loving choice today. Accept spoken answers; an adult may write the child's words.

Read & Write Recall the birthright and deception, then apply honesty to an ordinary fictional situation.

Adapt by readiness

Emerging readers: read aloud, explain the two story words, and invite drawing or pointing.

Confident readers: explain why God's faithfulness does not excuse dishonest choices.

Pause, tell, repair | Optional 4 minutes

Use a pretend example: you broke a borrowed pencil and want to blame someone else. Practice pausing, telling the truth, apologizing, and offering a sensible repair. Use fictional examples only.

Look for understanding A child identifies the birthright trade and Jacob's deception, names one consequence, and proposes an honest response without revenge.

Closing prayer Faithful God, help us value your gifts, speak the truth, and love others fairly. When we do wrong, give us courage to admit it and begin making things right. Amen.

At home Choose one ordinary way to practice honesty today. With an adult, talk about how an apology and a helpful action can begin restoring trust.

Handout answer notes Esau traded his birthright for stew. Jacob pretended to be Esau to receive Isaac's blessing. Accept specific truthful choices and reasonable repairs.

Teach with care

Preview the family anger and threat. Invite fictional examples; children need not share private family experiences. God's plan does not make lying or favoritism good. A child should seek a trusted adult if someone threatens harm; reconciliation never requires staying unsafe. The brothers' later reunion is not shown here.

Words to explain Birthright: the firstborn's customary family rights and responsibilities. Blessing: Isaac's solemn words over his son's future. Deception: leading someone to believe something false.

Sources for the leader

Scripture: [Genesis 25:19-34 \(USCCB\)](#)

Scripture: [Genesis 27; 28:1-5 \(USCCB\)](#)

A truthful choice

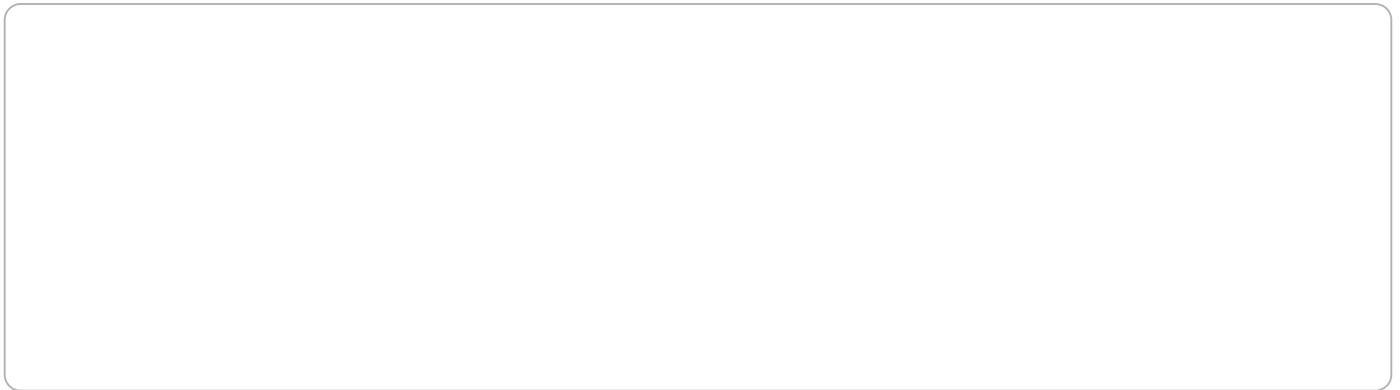
Jacob and Esau

Jacob and Esau's choices hurt their family. We can ask God to help us choose what is right.

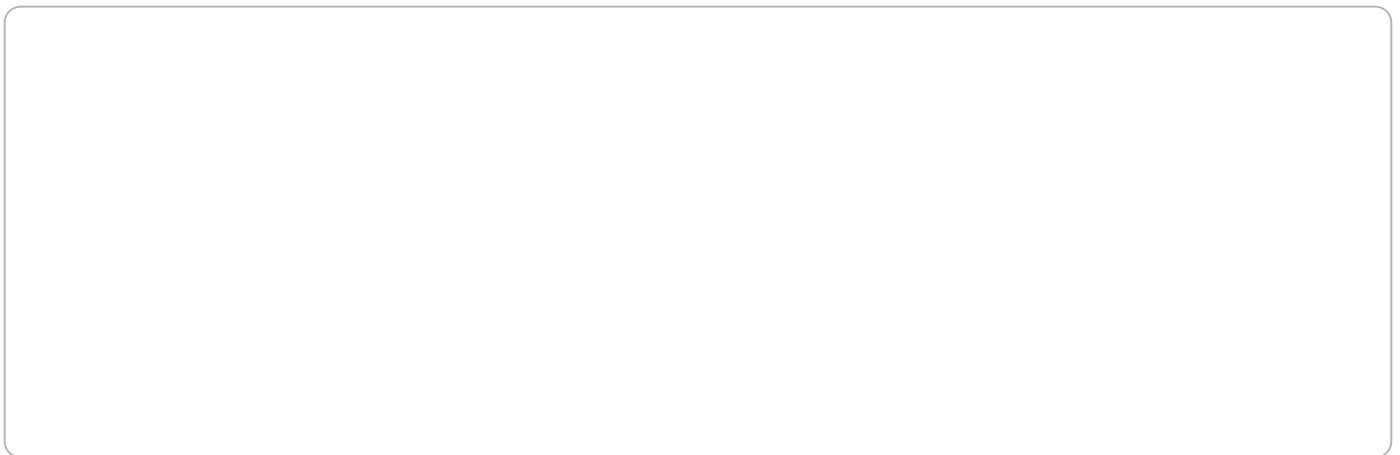
Name _____

Adult helper Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

1 Draw a moment when a choice hurt trust in the story.



2 Draw a truthful, loving choice you can make today.



Tell What happened because of the choice in your first picture? How could your second picture help someone?

Pray God, help me tell the truth and love others today. Amen.

At home Share your picture and one thing you learned about God or following Jesus.

Choices and consequences

Jacob and Esau

Remember the story. Then practice choosing honesty.

Name _____

1 Remember the trade

What did Esau give Jacob in return for stew? Why was this more than an ordinary meal?

Esau traded ...

2 Remember the disguise

How did Jacob deceive his father? Name one hurt that followed.

Jacob pretended ...

3 Choose honesty

You break a borrowed pencil and want to blame someone else. What could you say and do instead?

I could tell the truth by saying ...

Pray God, help me tell the truth and love others today. Amen.

Go deeper Read Genesis 27:18-24 with an adult. Which words show that Jacob chose deception? Explain why a good result cannot make a lie right.