

Where Is Your Brother?

The Story of Cain and Abel

Ages about 7-11 | Video 6:48 | Group lesson about 25-35 minutes

Central truth With God's help, we can respond to anger and jealousy with truth, mercy, and care for one another.

Learning goals Recall God's warning to Cain, distinguish a feeling from a harmful choice, and plan one safe act of care.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online [Open this video on Servus Dei](#)

Before watching | 2 minutes

Ask: What can we do when someone else receives praise we wanted? Explain that this Bible story includes a sad death and reminds us that every person's life matters.

Watch and notice

Notice Cain's choices after God's warning, God's protection of Cain, and the children's helpful actions at the end. Allow a quiet moment after viewing.

Talk together | 6-8 minutes

1. What work did Cain and Abel do?

Cain farmed the soil; Abel cared for sheep. Both brought offerings to God.

2. Did Cain have to hurt Abel because he felt angry?

No. God warned Cain while he still had a choice. He could listen, stop, and choose what was right.

3. Why does God's protection of Cain matter?

Cain still faced consequences, but God protected his life. Mercy does not mean pretending harm did not happen.

4. How do the children at the end show care?

They offer help and kindness, including helping gather spilled pencils. Invite one specific action we can choose too.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

Where Is Your Brother?

Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Read aloud. Invite a picture or spoken answer about a helpful action and a way to pause when upset. Writing is optional.

Read & Write Use a story detail, explain Cain's choice, and make a practical care plan. Accept dictation; spelling is not assessed.

Adapt by readiness

Ages 7-8: offer the words stop, pray, ask, and help. Accept pointing, a drawing, or a spoken answer.

Ages 9-11: ask how mercy and consequences can both be present. Use an example from the story.

Pause, pray, choose | Optional 4 minutes

Give a pretend situation: another child wins a game or receives praise. Practice taking a calm breath, asking God for help, and choosing a kind response. Then name a way to help someone who spills pencils.

Look for understanding Listen for an accurate story detail and one safe next step. Anger is a feeling; we remain responsible for what we choose to do.

Closing prayer Jesus, help us pause when we feel angry or jealous. Teach us to tell the truth, ask for help, and care for one another. Help us choose mercy and love. Amen.

At home With an adult, choose one small act of care for a sibling or neighbor. Thank God for that person and carry out your plan.

Handout answer notes God warned Cain; Cain could choose rightly. Accept a specific, safe plan to help, include, or congratulate someone.

Teach with care

Preview the death of Abel. Never act out the killing or ask for personal disclosures. Let children pass on discussion. Genesis leaves the reason for the rejected offering unexplained; Hebrews names Abel's faith. The mark's appearance is unknown. Do not equate ordinary anger with murder or make children responsible for stopping unsafe adults; seek a trusted adult's help.

Words to explain Offering: a gift given to God. Jealousy: resentment of another person's good. Mercy: compassionate care. Keeper: someone who cares for another.

Sources for the leader

Bible story: [Genesis 4:1-16](#)

Abel's faith: [Hebrews 11:4](#)

Love in action: [1 John 3:11-18](#)

Choose care. Choose love.

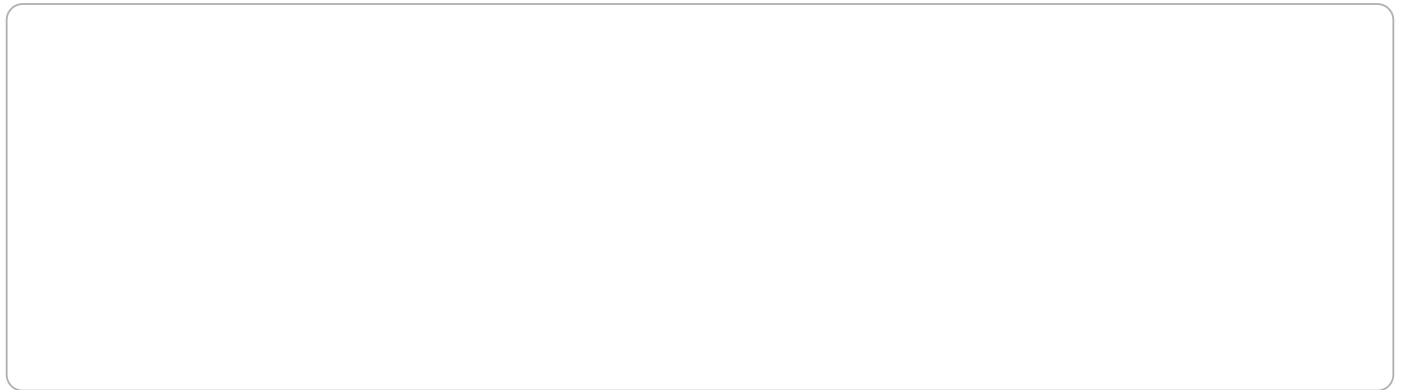
Where Is Your Brother?

God helps us make a good choice, even when our feelings are strong.

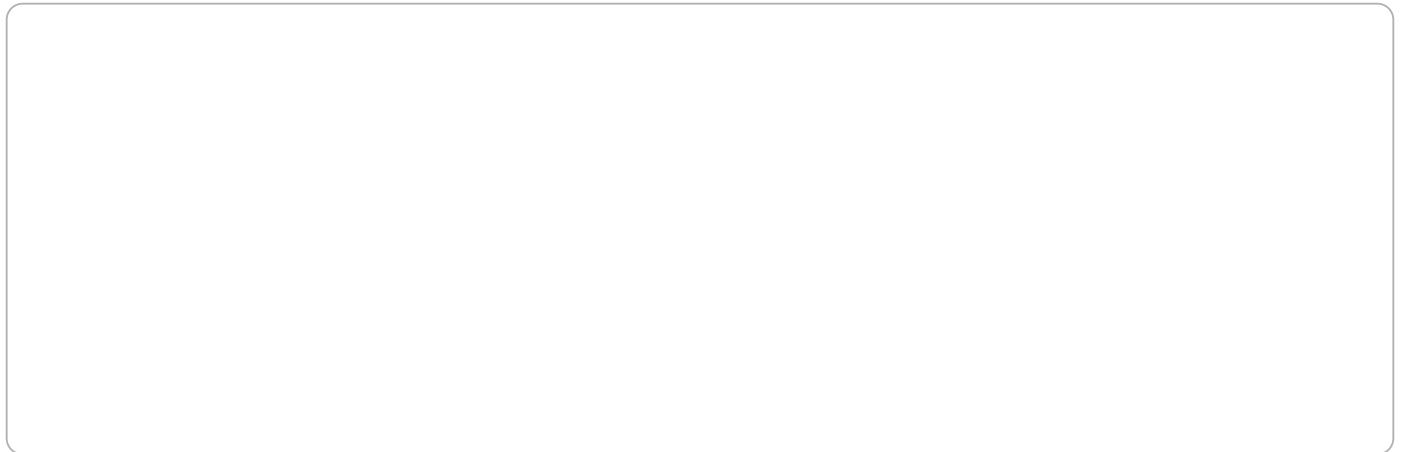
Name _____

Adult helper Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

1 Draw one way the children at the end helped someone.



2 Draw yourself pausing, praying, or asking for help before choosing a kind action.



Tell Who needs care in your picture? What good choice are you making?

Pray Jesus, help me pause, pray, and choose love. Amen.

At home Share your picture and one thing you learned about God or following Jesus.

What will I choose next?

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Use a detail from the video. You may write or tell your answers.

Name _____

1 Remember

What did God warn Cain about before Cain hurt Abel?

God warned Cain that ...

2 Understand

Cain felt angry and jealous. What could he have chosen instead of harming his brother?

Cain could have ...

3 Put faith into practice

Someone else gets praise you wanted. Name a way to pause and a kind action you can choose.

I can pause by ...

Pray Jesus, help me pause, pray, and choose love. Amen.

Go deeper Why does caring for a brother, sister, or classmate matter even when we are upset?