

The Bread of Life: John 6

Peter trusts the words of Jesus

Ages about 7-11 | Video 10:31 | Group lesson about 25-35 minutes

Central truth The feeding of the crowd leads to Jesus's Bread of Life teaching and Peter's decision to remain with him.

Learning goals Children will recall five loaves and two fish, distinguish the sign from Jesus's greater gift, and ask an honest faith question.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online [Open this video on Servus Dei](#)

Before watching | 2 minutes

Ask: Can a gift point toward something even greater? Watch how the meal on the hillside leads to Jesus speaking about giving himself.

Watch and notice

Notice the boy's food, twelve baskets, the Bread of Life teaching, some disciples leaving, Peter staying, and the connection with the Last Supper.

Talk together | 6-8 minutes

1. What food was brought to Jesus?

Five barley loaves and two fish; Jesus fed the crowd and twelve baskets remained.

2. What greater gift did Jesus promise?

Himself, the Bread of Life, given for the life of the world.

3. Why did Peter remain when others left?

He trusted Jesus's words of eternal life, even without understanding everything.

4. What can we do with an honest question about faith?

Bring it to prayer and a trusted teacher or adult, read Scripture, and keep learning patiently.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

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Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Draw the food offered to Jesus, then yourself asking a thoughtful question.

Read & Write Recall the sign and greater gift, describe Peter's trust, and write a faith question.

Adapt by readiness

Ages 7-8: count or draw five loaves and two fish, then recall Peter staying.

Ages 9-11: compare John 6:35, 51, and 68 with adult explanation.

A question-and-trust card | Optional 4 minutes

Fold a card into two sections: "A question I have" and "A next step." Write or draw a question about Jesus or Mass. Choose an adult to ask and a brief prayer for understanding. Private questions need not be read to the group.

Look for understanding Children recall the feeding, identify Jesus's self-gift, and see honest questions as opportunities to learn.

Closing prayer Jesus, Bread of Life, help us trust your love and keep learning from your words. Stay close to us as we bring you our questions. Amen.

At home Read John 6:68 with an adult and discuss one question about Jesus or Mass.

Handout answer notes Food: five barley loaves, two fish. Peter: Jesus has words of eternal life. Questions vary; welcome sincere inquiry.

Teach with care

This longer retelling includes difficult Eucharistic language. Read John 6 and welcome questions; do not label a child's confusion or another religion as bad faith. The video paraphrases John 6 and adds illustrative crowd details. The hillside meal and later teaching are distinct episodes. Eucharistic faith affirms Christ's real presence; the story's hard language should be explained gently. Peter's trust does not require pretending to understand everything.

Words to explain Bread of Life: Jesus, who gives himself for the life of the world. Eternal life: sharing God's life. Eucharist: Christ's Body and Blood under the appearances of bread and wine.

Sources for the leader

Story source: [Servus Dei video and English subtitle](#)

Scripture: [John 6 - USCCB](#)

Catholic teaching: [Christ's real presence: Catechism 1374](#)

A small gift, a greater promise

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Jesus fed the crowd and promised the gift of himself.

Name _____

Adult helper Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

1 Draw the five loaves and two fish brought to Jesus.



2 Draw yourself learning about Jesus with a trusted adult.



Tell What gift does Jesus give? What question would you like to ask?

Pray Jesus, Bread of Life, help me trust you and keep learning. Amen.

At home Share your picture and one thing you learned about God or following Jesus.

To whom shall we go?

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Recall the food, Jesus's promise, and Peter's response.

Name _____

1 Recall the food

What food did the boy have?

He had ...

2 Recall Peter

Why did Peter choose to stay with Jesus?

Peter trusted ...

3 Keep learning

Write one question about Jesus or the Eucharist.

I wonder ...

Pray Jesus, Bread of Life, help me trust you and keep learning. Amen.

Go deeper How can trust and honest questions belong together?