

A Kindness at the Well

The Story of Isaac and Rebekah

Ages about 7-11 | Video 8:54 | Group lesson about 25-35 minutes

Central truth We can trust God and practice generous kindness today, even when we do not know the whole future.

Learning goals Recall Rebekah's help at the well; describe her free decision to go; identify prayer and patience; choose a safe, practical act of kindness.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online [Open this video on Servus Dei](#)

Before watching | 2 minutes

Ask: When has someone helped you without being asked? Introduce Isaac as Abraham and Sarah's son. A well supplies water that people carry home.

Watch and notice

Notice what the servant prays, the extra work Rebekah offers, and how her family asks whether she wants to go.

Talk together | 6-8 minutes

1. What did Rebekah offer beyond a drink for the servant?

She offered to draw water for his ten camels until they had finished drinking. This took effort and repeated trips.

2. What did Rebekah say when asked whether she would go?

She said, 'I will go.' Her willingness mattered; she was asked rather than forced.

3. What did Isaac do during the long wait for children?

He prayed to the Lord for Rebekah. Their twins, Esau and Jacob, were born after twenty years of marriage.

4. How could you give a little extra help today?

Accept safe examples: help put away supplies, include someone in a game, or offer encouragement with adult guidance.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

A Kindness at the Well

Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Draw Rebekah helping at the well, then a safe way to help today. Accept pointing or spoken answers; an adult can write the child's words.

Read & Write Recall Rebekah's extra help and willing answer, then plan a realistic act of generosity.

Adapt by readiness

Emerging readers: read aloud and invite drawing or spoken answers.

Confident readers: explain how Rebekah's kindness required effort and her journey required courage.

Notice, offer, help | Optional 4 minutes

In pairs, choose a classroom need such as scattered pencils. Practice noticing it, asking 'May I help?', and completing a small task. Thank each other. No child must approach strangers.

Look for understanding Children name the camels as Rebekah's extra work, recall that she willingly chose to go, and give one specific, safe kindness plan.

Closing prayer Lord, help us notice people who need kindness. Give us generous hearts, courage to do good, and patience to trust you. Guide us today. Amen.

At home With a trusted adult, choose one helpful task at home. Offer to do a little more than your usual part, then thank God for the people who help you.

Handout answer notes Rebekah watered ten camels and willingly said, 'I will go.' Isaac prayed during their long wait. Accept specific and safe kindness plans.

Teach with care

Children should help strangers only with a trusted adult. Do not ask children to disclose private family worries. The story reflects ancient marriage customs; it is not a model for children's relationships. Rebekah's willingness is explicit in Genesis 24:58. God's answer here does not promise that every prayer brings the result we want. Families without children are fully worthy of love and respect.

Words to explain Generosity: freely sharing time, effort, or good things. Courage: choosing what is good even when it feels difficult. Trust: turning to God for help and guidance.

Sources for the leader

Bible: [Genesis 24 \(USCCB\)](#)

Bible: [Genesis 25:19-26 \(USCCB\)](#)

A little extra kindness

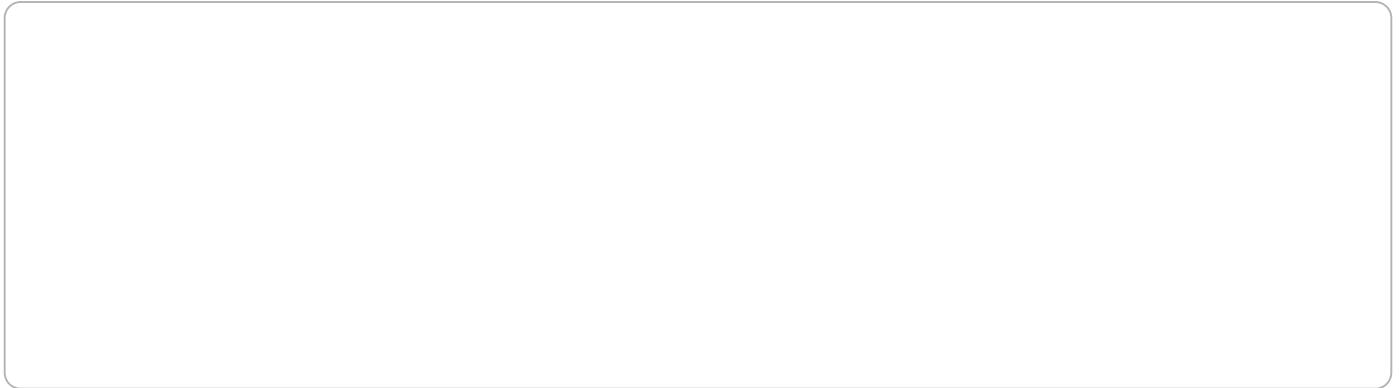
A Kindness at the Well

Rebekah saw a need and offered more help than she was asked.

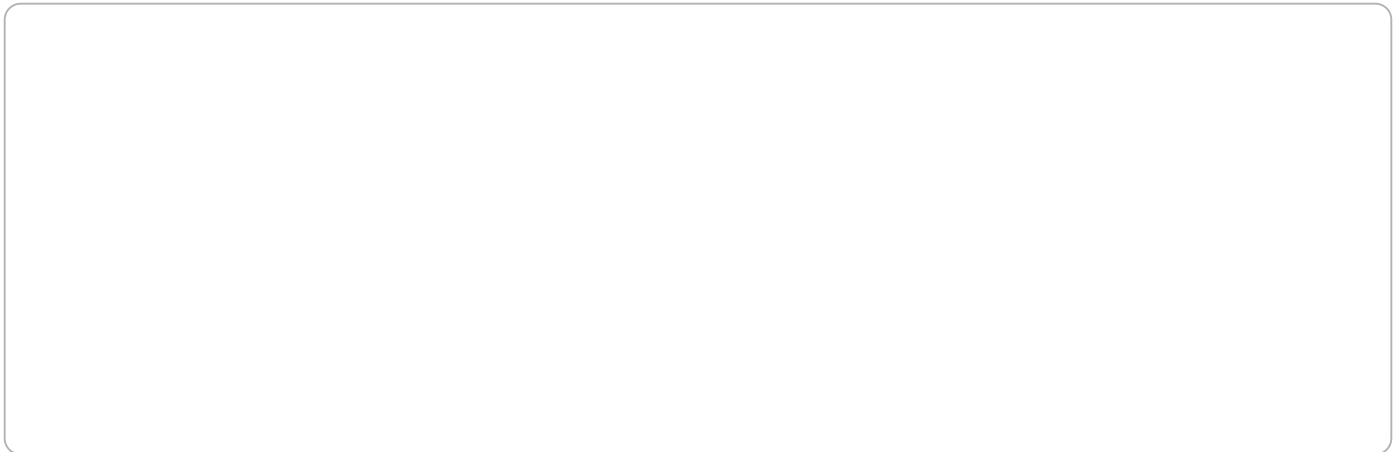
Name _____

Adult helper Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

1 Draw Rebekah giving water to the thirsty camels.



2 Draw one safe way you can give extra help today.



Tell What made Rebekah's kindness hard work? Tell who can help you carry out your kindness plan.

Pray Lord, help me notice a need and share kindness today. Amen.

At home Share your picture and one thing you learned about God or following Jesus.

Kindness, courage, and trust

A Kindness at the Well

Remember Rebekah's choices. Then plan a kind choice of your own.

Name _____

1 Remember the well

What did Rebekah offer after giving the servant a drink?

Rebekah also offered ...

2 Remember her answer

What did Rebekah say when her family asked if she would go?

She answered ...

3 Choose kindness

What extra help could you offer today? Name a trusted adult who can guide you.

I can help by ...

Pray Lord, help me notice a need and share kindness today. Amen.

Go deeper Tell a trusted adult one way prayer can help you be patient when you are waiting.