

Our Lady of Lourdes and Saint Bernadette

Truthful witness, prayer, and humble trust

Ages about 7-11 | Video 4:01 | Group lesson about 25-35 minutes

Central truth Bernadette reported Mary's apparitions at Lourdes, faithfully shared the message of prayer, and later lived quietly as a religious sister.

Learning goals Recall the grotto, spring, and Mary's title; distinguish Church-approved apparition testimony from Scripture; and plan prayerful care for someone sick.

Gather Video access, one handout per child, pencils or crayons, and a Bible.

Watch online [Open this video on Servus Dei](#)

Before watching | 2 minutes

Ask how we can listen respectfully to someone who is overlooked. Watch Bernadette's simple witness and her quiet life after Lourdes.

Watch and notice

Notice Massabielle, Bernadette praying the Rosary, the message of prayer, the spring, the title Immaculate Conception, and her convent life.

Talk together | 6-8 minutes

1. Where did Bernadette report seeing the lady?

At the grotto of Massabielle near Lourdes in France. She responded by praying the Rosary.

2. What name did the lady give?

The Immaculate Conception, a title of Mary. It recalls God preserving Mary from original sin through Christ's saving grace.

3. How did Bernadette respond to attention and questioning?

The story describes simple, truthful testimony and later quiet convent work. She did not seek fame.

4. Does Lourdes water guarantee healing?

No. Catholics pray for healing and hope, while caring for sick people and using medical help. A person's worth or faith is not measured by recovery.

Then respond and pray Allow 6-8 minutes for a handout or the activity on page 2; finish with the closing prayer.

Lead the response

Our Lady of Lourdes and Saint Bernadette

Short family lesson Watch the video, choose one recall question and one application question, then pray. About 12-18 minutes; the handout is optional.

Choose a handout

Draw & Tell Draw Bernadette praying at the grotto of Massabielle. Then draw a kind way to support someone who is sick. Accept an oral explanation.

Read & Write Recall the story, explain its central teaching, then apply it through a specific choice.

Adapt by readiness

Ages 7-8: draw or dictate answers; revisit the named story moment together.

Ages 9-11: explain the connection between the story detail and the planned response.

A pilgrimage of caring | Optional 4 minutes

Draw three stops on a paper pilgrimage: Pray, Tell the Truth, and Care. At each add a Bernadette story detail or a respectful response. At Care write a safe act for someone sick, such as an adult-approved card or prayer. Explain why care continues whether healing occurs or not.

Look for understanding Look for the named story details in the answers and a practical response connected to Lourdes, Marian devotion, and care for the sick.

Closing prayer Jesus, comfort all who are sick. Mary and Saint Bernadette, pray for us and help us serve with humble love. Amen.

At home Make a prayer or caring card with an adult's permission and discuss how to respect a sick person's needs.

Handout answer notes Massabielle at Lourdes. Mary was preserved from original sin by God's grace through Jesus. Caring actions should be appropriate and must not promise recovery.

Teach with care

Preview poverty, harsh questioning, illness, and the brief account of Bernadette's death. Avoid promises of healing or reenactments of ridicule. The video simplifies the apparition sequence: the spring was discovered on February 25, 1858, before Mary gave her name on March 25. The Church approved the Lourdes apparitions after investigation. Private revelation does not replace the Gospel. Water is not magic; recovery is not proof of stronger faith.

Words to explain Apparition: a reported appearance of a heavenly person. Grotto: a small cave. Pilgrim: someone traveling to a holy place to pray.

Sources for the leader

Story source: [Servus Dei video and English transcript](#)

Background: [Sanctuary of Lourdes: the first apparition](#)

Background: [Sanctuary of Lourdes: recognition of the apparitions](#)

Prayer at the grotto

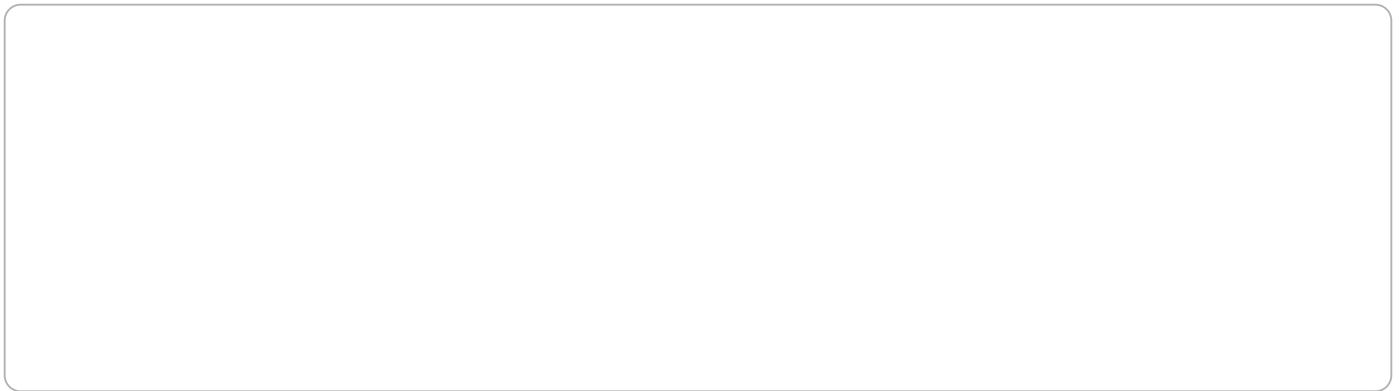
Our Lady of Lourdes and Saint Bernadette

Bernadette reported Mary's apparitions at Lourdes, faithfully shared the message of prayer, and later lived quietly as a religious sister.

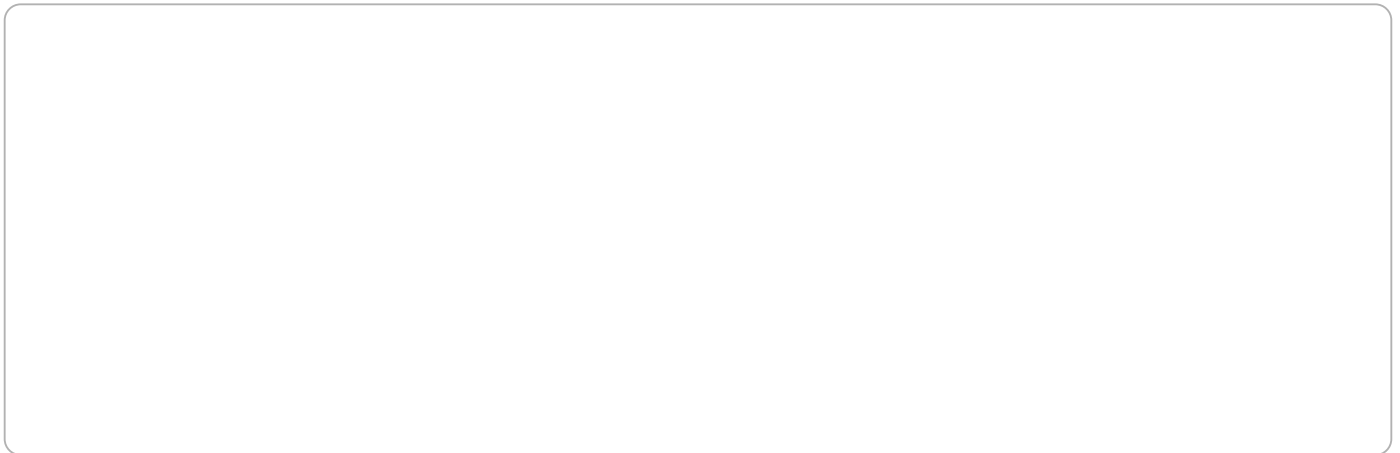
Name _____

Adult helper Read aloud. Invite drawing, pointing, or spoken answers. Writing is optional.

1 Draw Bernadette praying at the grotto of Massabielle.



2 Draw a kind way to support someone who is sick.



Tell What did Bernadette do at the grotto? How does your care show respect and hope?

Pray Jesus, comfort all who are sick. Mary and Saint Bernadette, pray for us and help us serve with humble love. Amen.

At home Share your picture and one thing you learned about God or following Jesus.

A faithful and humble witness

Our Lady of Lourdes and Saint Bernadette

Truthful witness, prayer, and humble trust. Remember, explain, and respond.

Name _____

1 Remember

Name the place of Bernadette's reported apparitions.

The place was ...

2 Explain

What does Mary's title recall?

Immaculate Conception means ...

3 Respond

Choose a safe act of care for someone sick.

With an adult's help, I can ...

Pray Jesus, comfort all who are sick. Mary and Saint Bernadette, pray for us and help us serve with humble love. Amen.

Go deeper How can humility and truthful witness matter more than becoming famous?